

## **Veterans Recovery Center Serving Those Who Served**

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The Veterans Recovery Center (VRC) located on the grounds of the State of Connecticut Department of Veterans Affairs (DVA), provides a variety of substance abuse services to eligible veterans who have chosen to be clean and sober and whose long term desire is to reintegrate back into the community. It is designed to assist and support eligible veterans after successful completion of either day or inpatient rehabilitation programs.

### **Programs**

The services provided are matched to a client's level of medical care, including full medical, psychosocial, psychological, and tertiary psychiatric follow-up. These levels of care are provided while a patient resides in our treatment facility, which is physically separate from the Domicile on grounds. The Veterans Recovery Center Program is closely interfaced with other service programs here at the Department of Veterans Affairs, whose programs primarily focus is on educational and vocational programs, employment counseling, and job placement assistance.

### **Available Services**

The Program consists of six months of intensive treatment followed by twelve months of extended living providing continued support from the staff and the community. A referral resource network gives clients access to an expanded range

of recovery and rehabilitative services. Comprehensive evaluation and assessment of rehabilitation needs, provide the backdrop for matching clients to an appropriate level of substance abuse options following this process. Following this process, individual treatment plans are developed with the patient and the treatment staff to maximize the possibility of meeting the veteran's long term goals.

Individual and group sessions are provided to clarify the recovery process, confront personal barriers to recovery, and to assist the veteran in generating momentum toward stable long-term abstinence from mind-altering substances. Extensive relapse prevention, 12-step groups, rational-emotive therapy, grief support groups, and dual diagnosis support are some of the many areas covered within our Program. Group aftercare services are also provided to help in dealing with the many issues that arise as the veteran transitions into main-stream living.

### **Staff**

The Veterans Recovery Center Program staff is currently comprised of rehabilitation counselors and a psychologist who help guide clients along a clear pathway to recovery. Social work needs are handled through consultation with the Social Work Department which is located in the domicile. Clients meet individually with a social worker.

### **Eligibility**

All residents of the Veterans Home are eligible for treatment/supportive rehabilitation services. Admissions to the Veterans Recovery Center Program is coordinated through the regular Rocky Hill admissions office procedures and the admission coordinator for the program. Veterans are eligible for services through the Department of Veterans Affairs after completing an application for admission and a successful review by the admissions committee.

For more information, please call our Admissions Coordinator at (860) 721-5817 or email Dr. Felice Guberman at [Felice.Guberman@po.state.ct.us](mailto:Felice.Guberman@po.state.ct.us).